

BMUS» THE BRITISH MEDICAL ULTRASOUND SOCIETY

## Have you 'paused and checked'? **Practitioner Checklist for Ultrasound Examinations**

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Ρ	Patient	Confirm patient ID. <b>Always use unique identifiers</b> Check that the examination is justified Check examination history for other relevant recent imaging studies Check available notes and referral documentation Discuss clinical history and context with patient as appropriate Confirm the patient expected the examination, understands and has consented Consider chaperone requirements
A	Anatomy	Plan the examination so as to address the clinical question. Be prepared to amend and extend the examination as necessary.
U	User checks	Confirm the correct modality Provide clear information and instructions to all involved
S	Systems & Settings	Select correct patient (unique ID) Confirm correct exam date/time are displayed Select correct pre-set for the examination, adjusting imaging parameters as necessary Select appropriate transducer Prepare equipment as necessary Start with as low a power setting as possible
E	Exposure	Follow British Medical Ultrasound Society safety guidelines <sup>1</sup> Monitor displayed thermal and mechanical indices

## Monitor displayed thermal and mechanical mulces Add image annotation and comments as appropriate to stored images Report the examination **Draw to** a close

Complete all computer records as per department protocol Confirm PACS images selected and stored Inform patient of results appropriate to findings, situation and local guidelines Inform the patient where to go to obtain results relevant to referral source. Inform referrer of any urgent or significant findings

Reference 1: https://www.bmus.org/policies-statements-guidelines/safety-statements/ Adapted by kind permission of the Royal Free London NHS Foundation Trust